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TO PARENTS!



# HAVE FUN WEAR NFL GEAR

## 9 & 10 YR OLD NFL FLAG FOOTBALL LEAGUE

Boys and Girls 9 & 10 years old will learn the fundamentals of football in this league. This league will build up the skill level of participants through drills and games geared towards building confidence. Each participant will receive an NFL team-branded reversible jersey and an NFL flag football belt, as well as a free USA Football player membership. Games are played on Saturdays with practices held during the week. Practices will be twice a week until games begin, then once a week.

VOLUNTEER COACHES ARE ALWAYS NEEDED AND APPRECIATED!



**REGISTRATION: NOW THRU JULY 16**      **FEES: \$45/MEMBERS**  
**PROGRAM RUNS: JULY 24 - SEPT 30**      **\$65/NON MEMBERS**  
**COACHES MEETING: WED, JULY 19**

**QUESTIONS? CONTACT RYAN AT 419-332-9622 OR RYANF@FRYMCA.ORG**

Name:	Grade:	School:	DOB:	Gender: M F
Address:		City:	Phone:	
Child's T-Shirt Size (circle one):	Y Sm (6-8)	Y Med (10-12)	Y Lg (14-16)	Ad Sm Ad Med Ad Lg
Parent/Guardian Name:			Request:	
Email (used for updates and communication):				
<input type="checkbox"/> YES, I am willing to serve as a volunteer: <input type="checkbox"/> Head Coach <input type="checkbox"/> Asst. Coach <input type="checkbox"/> Referee				Shirt Size: _____

Sandusky County YMCA Waiver: I hereby authorize the staff of the Sandusky County YMCA to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the Sandusky County YMCA from any and all liability for injuries or illnesses incurred while participating in its programs. I understand that participation carries some risk of injury. All participants must disclose any/all communicable diseases/conditions on medical waiver prior to first practice. The Sandusky County YMCA is not responsible for personal items that are lost, stolen, or damaged. All medical expenses incurred will be the responsibility of the participant's family. The YMCA will be taking pictures. I hereby grant permission for program participant to be photographed and for the photograph to be used for promotional purposes by the Sandusky County YMCA.

**Signature of Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_



**Please return form to the YMCA front desk or mail with payment to:  
Sandusky County YMCA – 1000 North St. – Fremont, OH 43420**

