



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

IMPROVE YOUR SKILLS

FRIDAY NIGHT LIGHTS FOOTBALL SKILL CLINICS

These are Football Clinics ran by Mike Robinson, founder and CEO of 4th and Goal Athletics. The clinics are designed to help each athlete develop both mentally and physically within the game. The focus will be on agility, speed, coordination, balance, along with foot skills, position drills, and competition. Both clinics will take place on Harmon Field at Don Paul Stadium.

Pre-registration suggested, walk-up registrations will be accepted.



REGISTRATION: March 13 - May 21

CLINIC DATES: FRIDAY, APRIL 28
FRIDAY, MAY 26
@ HARMON FIELD

TIME: Ages 6 - 17 years old
7:00 - 9:00pm

PROGRAM FEE: \$20/ each clinic (can choose ONE or BOTH)

QUESTIONS? CONTACT RYAN AT 419-332-9622 OR SPORTS@FRYMCA.ORG

NAME _____ SCHOOL _____ GRADE _____ DOB _____

ADDRESS/STATE/ZIP _____

WEIGHT _____ PHONE _____ EMERGENCY PHONE _____

PARENT/GUARDIAN NAME (PRINT) _____

Sandusky County YMCA Waiver

CLINIC DATE (PLEASE CIRCLE): APRIL 28 MAY 26

I hereby authorize the staff of the Sandusky County YMCA to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the Sandusky County YMCA from any and all liability for injuries or illness incurred while participating in its programs. I understand that sports participation carries some risk of injury. The Sandusky County YMCA is not responsible for personal items that are lost, stolen or damaged. All medical expenses incurred will be the responsibility of the participant or the participants family. The YMCA will be taking pictures. These pictures may be used for promotional advertisements for the YMCA.

Signature

Date



**PLEASE RETURN FORM TO THE YMCA FRONT DESK OR MAIL WITH PAYMENT TO:
SANDUSKY COUNTY YMCA - 1000 NORTH ST - FREMONT, OH - 43420
FRIDAY NIGHT LIGHTS FOOTBALL CLINIC**