



IMPROVE YOUR SKILLS

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MONDAY NIGHT FOOTBALL SKILL CLINICS

These are Football Clinics ran by Mike Robinson, founder and CEO of 4th and Goal Athletics. The clinics are designed to help each athlete develop both mentally and physically within the game. The focus will be on agility, speed, coordination, balance, along with foot skills, position drills, and competition. Clinic will take place at the practice fields behind Vanguard School.

Pre-registration suggested, walk-up registrations will be accepted.



REGISTRATION: March 13 - June 18

CLINIC DATE: MONDAY, JUNE 18
@ FREMONT ROSS PRACTICE FIELDS
BEHIND VANGUARD

TIME: Ages 6 - 17 years old
7:00 - 9:00pm

PROGRAM FEE: \$20 per participant

QUESTIONS? CONTACT MOLLY AT 419-332-9622 OR MOLLYN@FRYMCA.ORG

NAME _____ SCHOOL _____ GRADE _____ DOB _____

ADDRESS/STATE/ZIP _____

WEIGHT _____ PHONE _____ EMERGENCY PHONE _____

PARENT/GUARDIAN NAME (PRINT) _____

Sandusky County YMCA Waiver

I hereby authorize the staff of the Sandusky County YMCA to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the Sandusky County YMCA from any and all liability for injuries or illness incurred while participating in its programs. I understand that sports participation carries some risk of injury. The Sandusky County YMCA is not responsible for personal items that are lost, stolen or damaged. All medical expenses incurred will be the responsibility of the participant or the participants family. The YMCA will be taking pictures. These pictures may be used for promotional advertisements for the YMCA.

Signature _____

Date _____



PLEASE RETURN FORM TO THE YMCA FRONT DESK OR MAIL WITH PAYMENT TO:
SANDUSKY COUNTY YMCA - 1000 NORTH ST - FREMONT, OH - 43420
MONDAY NIGHT FOOTBALL CLINIC