



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Pool Schedule
Sandusky County YMCA

Effective: June 4 – Aug 26

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	5:00-7:45am Adult Lap Swim	5:00-7:45am Adult Lap Swim	5:00-7:45am Adult Lap Swim	5:00-7:45am Adult Lap Swim	5:00-7:45am Adult Lap Swim	
	7:45-9:30am 2 Lanes Adult Lap Swim 2 Lanes Easy Does It	7:45- 8:30am 2 Lanes Adult Lap Swim 2 Lanes Easy Does It	7:45-9:30am 2 Lanes Adult Lap Swim 2 Lanes Easy Does It	7:45-8:30am 2 Lanes Adult Lap Swim 2 Lanes Easy Does It	7:45-9:30am 2 Lanes Adult Lap Swim 2 Lanes Easy Does It	7:00-9:00pm Adult Lap Swim
		8:30-10:30am Childcare		8:30-9:30am Childcare		9:00-12:00pm Swim Lessons
	9:30-10:30am Arthritis	10:30-11:15am SilverSplash!	9:30-10:30am Arthritis	9:30-10:15am SilverSplash!	9:30-10:30am Arthritis	12:00-1:30 Youth/Adult lap
	10:30-11:30am Swimnastics		10:30-11:30am Swimnastics		10:30-11:30am Swimnastics	
	9:30-11:30am Deep End Easy Does It	9:30-11:30am Deep End Easy Does It	9:30-11:30am Deep End Easy Does It	9:30-11:30am Deep End Easy Does It 10:30-11:30 Adapted Aquatics	9:30-11:30am Deep End Easy Does It	1:30-3:30pm Open Swim
12:00-1:30 Yth/adult Lap Swim	11:30-1:00pm Adult Lap Swim		11:30-1:00pm Adult Lap Swim		11:30-1:00pm Adult Lap Swim	
	1:00-2:00pm Open Swim	11:30-1:00pm Adult Lap Swim	1:00-2:00pm Open Swim	1:00-2:00pm Open Swim	1:00-2:00pm Open Swim	
1:30-3:30pm Open Swim	2:00-4:00pm Easy Does It And Volleyball	1:00-4:00pm Open Swim	2:00-4:00pm Easy Does It And volleyball	1:00-4:00pm Open Swim	2:00-4:00pm Easy Does It And volleyball	
	4:00-4:45pm Yth/Adult Lap Swim	4:00-4:45pm Yth/ Adult Lap Swim	4:00-4:45pm Yth/Adult Lap Swim	4:00-4:45pm Yth/Adult Lap swim	4:00-5:00pm Yth/ Adult Lap Swim	
	4:45-6:00 Swim Lessons		4:45-6:00 Swim Lessons			
	6:00-7:00pm Aqua-X				5:30-6:30pm Open Swim	
		4:45-7:00pm Swim lessons	6:00-7:00pm Aqua-X	4:45-7:00pm ½ Swim Lessons ½ lap swim		
	7:00- 8:30pm Open swim	7:00-8:00pm Aqua-X	7:00- 8:30pm Open Swim	7:00-8:00pm Aqua-X		
		8:00-8:30pm Open Swim		8:00-8:30pm Open Swim		